

Sierra County Health and Human Services

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PRESS RELEASE

Two New Cases of COVID-19 in Sierra County

As of November 25, 2020, Sierra County Public Health has received notification of two new positive COVID-19 cases in Sierra County. Due to a delay in receiving confirmation of positive cases, one case has completed isolation and is recovered. Investigation is ongoing with the second case.

Based on guidance from the <u>CDC</u>, close contacts will be notified by Sierra County Public Health if one of the following criteria are identified.

- ❖ You were within 6 feet of someone who has COVID-19 for a total of 15 minutes or more within a 24 hour period. *This definition applies whether masks were worn or not.*
- ❖ A person with COVID-19 sneezed, coughed, or somehow got respiratory droplets on you
- ❖ You provided care at home to someone who is sick with COVID-19
- ❖ You had direct physical contact with someone who has COVID-19 (hugged or kissed)
- ❖ You shared eating or drinking utensils with someone who has COVID-19

As you are aware, cases of COVID-19 continue to increase both locally and in neighboring counties and cities where many of our residents work and shop. Sierra County remains in the orange tier however, this is not a time to let down our guard. With the holiday season upon us, every person has a role to play in limiting the spread of COVID-19.

- ❖ If you are around others who are <u>not</u> from your household, wear a face covering to prevent the spread of COVID-19.
- ❖ Avoid gatherings. You can enjoy your holidays and activities safely, without gathering.
- ❖ Wear a face covering at all times when in businesses, at school, or unable to maintain 6 feet distance.
- Wash your hands with soap and water often, especially after you have been in a public place.
- ❖ If you feel sick, stay home, except to receive medical care.
- ❖ If you think or know that you may have been exposed, stay home.

For more information, please visit http://sierracounty.ca.gov/582/Coronavirus-COVID-19 or email COVID19@sierracounty.ca.gov

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